

# Friends of Murambinda Hospital



UK Registered Charity 1073978



## ANNUAL REPORT 2012-13

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## The Hospital



Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

The hospital has been blessed by a committed and caring workforce with two key leaders. Dr. Monica Glenshaw served from 1985 to her death in 2010 as an unflinching source of inspiration to all who worked with her. She drove forward innovation and co-operation with all willing parties to realize the task she set herself 'To make the health services for the people of Buhera better.'

Monica worked in close harness with the second key leader the Hospital's matron from 1980 to 2012, Sister Barbara Armstrong of the Little Company of Mary, the Order that established the Mission Hospital. Sister Barbara has sustained the highest quality of nursing care in most difficult conditions, and always with great compassion.

This mission - to be a "Pool of Healing" and to care for the poor - is as relevant in 2013 as it was in 1968, and it continues to be pursued with energy and dedication.



## **The District**

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km<sup>2</sup>. The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. However, poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.

# Introduction

Sr.Barbara Armstrong's retirement opens a new chapter for Murambinda Mission Hospital. She joined the hospital in 1980 when it re-opened at the end of the Independence struggle. Prior to that she had been at Port Elizabeth in South Africa where she had struggled against the evils of apartheid that she encountered in her day to day role as a nurse and sister. She got to know and assist political detainees, and their families, including Steve Biko and his wife. Her experience of routine beatings of members of the black community, the degradation of the Pass laws and forced relocation of families to Transkei, changed her perspective, consolidated her gifts and confirmed her vocation. She has been head nurse since 1984, before the Matron's post existed, and officially the Matron since 1993. In 33 years a small rural clinic with no running water, mains electricity, tarred road or telephone has been transformed into a district hospital with over 100 beds and with facilities for X-ray, a wide range of operations and a laboratory that allows sophisticated genomic testing for HIV and TB.

Her concern for the poor and her tireless devotion for the patients and staff of the hospital set her apart.

It is vital that we each do what we can to maintain, and further, the achievements that she enabled. If we are to have the necessary skills, qualities, and dedication to work directly for MMH, excellent, if not then the most practical way to help is through donations or fundraising for FMH.

Very many people donate and fund-raise from small to large amounts; the trustees are grateful to you all. An especial thanks goes to Jess Howard who raised around £2400 through a sponsored swim 2.25 miles down the Thames from Hampton Court to Kingston. She encountered unrepeatably filthy water on the way! The second especial thanks goes to Jack and Hannah Barker and the people of Eynsford who raised around £4,800 through a 24 hour Musicathon.

We are entirely reliant on your donations.

A regular donation by a Standing Order is an easy way to give and enables us to plan ahead which projects we are able to fund; a form is available at the back of this report

Or you can donate at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm), where there is an online donations facility that does not charge you or us any commission.

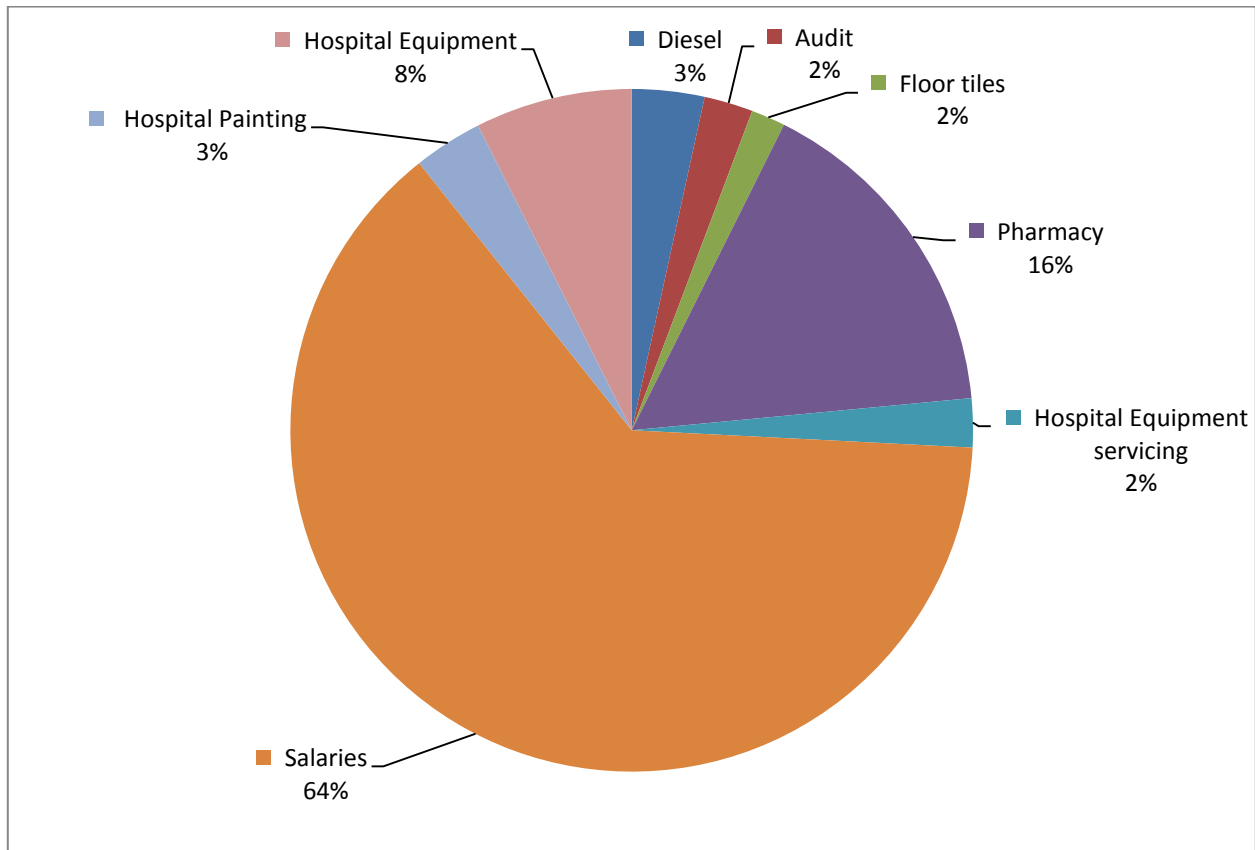
You can also donate up to £10 by texting FMHG11£10 to 70070 with no transaction costs to you or us.

**Our administration, management and promotion costs are all borne by trustees and not taken from funds donated.**

Thank you once again for your help and support over the past year.

Dr Mike Thompson Chair FMH

## FMH Expenditure 2012-13



### Staff Salary Supplements: £53,118.23 given by FMH

*A total of 92 staff are employed by the hospital and nurse training school*

*Mr. Mudzi the donor secretary writes "With current salaries being so low it has been difficult to retain health professionals. In 2011 the Ministry of Health and Child Welfare got support from the Global Fund for a staff retention allowance, the fund seems to have been exhausted as we have not received anything this year. It is very important to be able to retain staff.*

*Remuneration has become the major motivating factor for employees especially in developing countries where salaries are radically low against high cost of living. Murambinda hospital though short staffed and kept busy always, the employees have high morale. This is because they know that their work is highly appreciated, the salary supplements have had a positive impact on the employees' morale."*

## Replacement floor tiles for male and female wards: £1350 given by FMH

### PROJECT COST.

Product	Unit cost	surface	Total
Floor tiles	\$21.00/ m2	72m2	\$1,512.00
Tile cement	\$10/9m2	8 bags	\$80.00
<b>Transport</b>			<b>\$200.00</b>
<b>Labor</b>			<b>\$300.00</b>
<b>Total</b>			<b>\$2,092.00: GBP1,350.00</b>

Exchange rate 1GBP: 1.55USD

Mr Mudzi writes *"Thank you very much for the continued support, we managed to make a trip to Botswana in October 2012 to buy floor tiles and paint. The exchange rate was fairly good compared to the rate we got in the previous trip therefore managed to buy more floor tiles than expected. We are going to do a bigger area than we did in the first project. We are going to do children's ward and the passage from children ward. We have not been able to do the floors yet because the wards continued to be too busy."*

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Floor tiles	1,350.00	2,092.00
<b>TOTAL INCOME</b>	<b>1,350.00</b>	<b>2,092.00</b>
<b>Less expenditure</b>	Botswana Pula	Actual in US\$
Floor tiles	P12,488.80	1,699.16
Labor charge		300.00
Food allowances - Botswana trip		100.00
TOTAL		<b>2,099.16</b>
<b>Balance</b>		<b>- 7.16</b>



## Hospital Equipment £6,220 given by FMH

The following requests were made for equipment. Sadly we did not have sufficient funds to be able to fund all the requests. We decided not to fund the baby incubators as we had concerns at the value for money relative to kangaroo- style care; having the baby cared for on the mother's chest. We intend to buy fetal Doppler machines in the UK. These allow monitoring of heart rates whilst in the womb.

Budget item	Unit price US\$	Quantity	Total price US\$
Oxygen gauges	200.00	10	2,000.00
Oxygen connector tubing	15.00	20	300.00
Incubator – infant care warmer	3,000.00	2	6,000.00
Oxygen humidifier	115.00	5	575.00
Traction unit adult size	16.00	10	160.00
Traction unit child size	14.00	10	140.00
BP machines, aneroid	45.00	4	180.00
Nasal prongs adult	3.00	20	60.00
Nasal prongs child	3.00	20	60.00
Bowl lotion stainless steel - large	30.00	4	120.00
Stethoscopes	10.00	10	100.00
Suction machine - electric	540.00	2	1,080.00
Suction machine- manual	996	2	1,992.00
Doppler's	No price	2	Not available in the country
Phototherapy lamp	1,600.00	2	3,200.00
Theatre table	No price		Prices too high in Zimbabwe
<b>TOTAL</b>			<b>US\$15,967.00 :GBP10,105.70</b>



## Hospital Equipment Servicing £1,936 given by FMH

A common problem when money is short is to postpone servicing and maintenance. This has had terrible consequences all over the world often incurring greater costs at a later date. Autoclaves are used to sterilize surgical equipment, anaesthetic machine's use are self-evident, generators provide electricity for pumping water from the borehole and running the aforementioned anaesthetic machine amongst many other uses. It is obvious that break down of any of these items could be catastrophic.

Item	Details	quantity	Unit costs	Total
Anaesthetic machine	service	1	800.00	\$800.00
Generators	service	3	600.00	\$600.00
Autoclaves	Service - repair	2	1,000.00	\$1,000.00
X-ray	Service	1	600.00	\$600.00
TOTAL				\$3,000.00: GBP1,936.00





## Hospital Painting £2,729 given by FMH

### PROJECT COST.

Detail	unit	quantity	Total cost \$
120 liters of oil paint - cream	\$48/5litre	24	1,152.00
120 litres undercoat paint-cream	\$36/5litre	24	864.00
120litres PVA paint - cream	\$104/20litre	6	624.00
120 liters oil paint black	\$32/5litres	24	768.00
Turpentine/thinners 20 litres	\$13/ 5litre	4	42.00
Crack filler	\$4/ 2kg	20	180.00
Labor			600.00
<b>TOTAL COST</b>			<b>US\$4,230.00</b>
			<b>GBP2,729.00</b>

Exchange rate 1GBP: 1.55USD

Painting project - Financial report.

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Painting	2,729.00	4,230.00
<b><u>TOTAL INCOME</u></b>	<b><u>2,729.00</u></b>	<b><u>4,230.00</u></b>
<b><u>Less expenditure</u></b>	Botswana pula	US\$
Paint	P8,929.55	1,214.91
Labor		600.00
Transport		200.00
Accommodation in Botswana one night		106.67
<b>TOTAL</b>		<b><u>2,120.91</u></b>
<b>Balance</b>		<b><u>2,109.09</u></b>

Exchange rate: 1US\$: 7.35 Pula

*Mr. Mudzi the donor Secretary writes*

*“Murambinda hospital provides accommodation to most of its employees and this has worked as package to attract qualified staff from town to Murambinda. We provide decent accommodation for our staff. The staff accommodation requires maintenance, without maintenance the buildings may lose value and end up not worth living in. It is very expensive to continue constructing building but if buildings are maintained they are kept new and also increase in value.*

*We do not charge big rent to our staff as our accommodation is highly subsidized to motivate our staff. The little we collect from rent, we use it for minor repairs, like replacing for broken windows,*

*minor plumbing repairs and broken door locks. The rent we collect is not enough to do major repairs.*

*Thank you very much for supporting this project, we managed to buy enough paint for three houses. We have noticed that skirting for these houses are damaged and finished, if not repaired the bottom walls will be affected by rains, and also the paint will not last.*



*We are kindly requesting to use some of the excess money to construct outside wall skirting”*



## Hospital Financial Audit £1,935 given by FMH

MMH has not previously had a full independent financial audit. It requested funding for this which FMH agreed. However the Little Company of Mary funded the 2012 audit. FMH have asked that the donation is kept and used for a further audit in 2013.

## Hospital Pharmacy £13,500 given by FMH

Mr. Mhlanga the Pharmacist writes "Murambinda hospital almost got in a situation in which the total supply of all drugs was inadequate to meet the current hospital demand at the user level. Limited financial resources have resulted in drug shortages. We have not been able to meet in full the pharmacy budget, which has caused the pharmacy to go low in some drugs. Thank you very much for supporting the pharmacy project, we managed to buy more drugs and kept our stock levels at least above minimum levels."

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Pharmacy	13,500	20,925.00
<b>TOTAL INCOME</b>	<b>13,500.00</b>	<b>20,925.00</b>
<b>Less expenditure</b>	<b>In US\$</b>	
Pharmacy supplies		
13/07/12 Pharmlife distributors	2,444.00	
13/09/12 Pulse Medicals	620.19	
14/09/12 Dispatch Invest	3,967.50	
14/09/12 Dial up Marketing	3,562.47	
20/09/12 TN Health care	3,737.50	
24/09/12 Pharmlife distributors	3,994.30	
28/09/12 Shrub Marketing	2,450.00	
<b>Total</b>	<b>20,775.96</b>	<b>20,775.96</b>
<b>Balance</b>		<b>149.04</b>

TAX INVOICE							
PHARMLIFE DISTRIBUTORS UNIT 28 WARREN INDUSTRIAL CENTRE NEW ARDBENNE HARARE TEL: +263 4 662525/6 FAX 662028 VENDOR NO 701043				INVOICE NO TRANS REF NUMBER 20124 2123 SALES PERSON COLLEN DATE 24/09/2012			
ACCOUNT NO: MURAMBINDA MURAMBINDA MISSION HOSPITAL MURAMBINDA				DELIVERY ADDRESS MURAMBINDA HOSPITAL PHARMACY DESK MURAMBINDA HOSPITAL			
PRODUCT NAME	PZ/SIZE	BATCH NO	EXPIRY	QTY	UNIT PRICE	VAT	TOTAL INCL VAT
PETHIDINE INJECTION	8/20			22	13.00		286.00
PARACETAMOL SYRUP ZI	EACH			15	19.94		299.10
ISOPHANE INSULIN	EACH			40	6.75		270.00
ACTRAPANE INSULIN	EACH			40	6.75		270.00
ACTRAPID INSULIN	EACH			30	6.75		202.50
FLUPHENAZINEDECONATE	VIAL			15	44.00		660.00
SODIUM HYPOCHLORITE SL	EACH			36	9.00		324.00
ABDO SWABS	PZ/DI			36	9.00		324.00
TRACTION KIT PEAD	EACH			30	8.00		240.00
FEEDING TUBE SIZE 8	EACH			120	0.82		98.40
TOTAL EXCL VAT							3,994.30
LESS DISCOUNT							
VAT							
NET TOTAL INCL VAT							3,994.30
AMOUNT DUE PAYABLE IN 7DAYS				SIGNATURE			
GOODS RECEIVED IN GOOD ORDER				DATE			
BARCLAYS BANK 2157-6283763							

## Diesel £2871 given by FMH

Diesel has become the main source of energy in Zimbabwe because electricity supply has not improved. It has remained erratic and inadequate. In general the power generation capacity in Zimbabwe is too small to meet demand from the industry and private house holdings. Zimbabwe Electricity Supply Authority continues to use the load shedding method to ration with rural areas going for long periods without power.

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Fuel (FMH)	2,871.00	4,450.00
Fuel MSF)		<b>3,000.00</b>
<b>TOTAL INCOME</b>	<b>2,871.00</b>	<b>7,450.00</b>
<b>Less expenditure</b>		Actual in US\$
Diesel 5000LLitres @ 1.35		6,750.00
Hire – transport (fuel tanker) Mutare-Murambinda.	750.00	
<b>TOTAL</b>	<b>7,500.00</b>	
<b>Balance</b>	<b>50.00</b>	

Murambinda Mission hospital consumes on average 2,000litres of diesel per month on vehicles and generators. Our generators used to consume more because we were running them almost 12 hours every day. From July to October 2012 we did not experience longer load shedding but our fuel consumption increased on vehicles with the ambulance consuming more. We have been transferring patients a lot for the past six months.



### Invoice

Invoice to: The Administrator, Murambinda Hospital, Murambinda. Invoice date: 23-Jul-12. Invoice Value: 7,500.00. Currency: USD.

Quantity	Description	Unit Price	Value
5000	DIESEL	1.35	6,750.00
	TRANSPORT		750.00

Sub-total: 7,500.00  
Tax: 0.00  
Total: 7,500.00

#### Payment Details

- Cash on Delivery
- Payment Method: Cash
- RTGS

Invoice Raised: [Signature]

S. Vunyungu

RECEIPT No. **EXTRAMILE PETROLEUM** 12541

Date: 23/07/12

Received from: **MURAMBINDA HOSPITAL**

The sum of: **SEVEN THOUSAND FIVE HUNDRED** Dollars

For: **DIESEL AND TRANSPORT**

Signature: [Signature] With Thanks

Cash/Check No. **CASH**

Receipt value: 7,500.00

## Donors

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

Alan Gardner	Helena & Michael Brearley	Matt & Fliss Connolly
Alexander McCall Smith	Iain Yuill	Michael & Brenda Thomson
Alison & Bill Brichtieri-Colombi	Irmgard Monro	Michael & Tessa Connolly
Alison Dodds	Jack & Hannah Barker	Micheline & Ted Thompson
Alison Totty	Jane Wilson	Mike Thompson & Kay Shepherd
All Saints Church, Easington, Saltburn	Janet Ronaldson	Moira Steven
All Saints Church, Gosforth	Jean Hunter	Neil & Chris Pressick
Ann Lyall	Jeely Piece Club	Neil McGregor
Anna Morrish	Jess Howard	Nicholas & Sally Kuenssberg
Antigoni Koukkouli	Joan Fletcher	Nigel & Elaine Carden
Audrey Steele	Joan Rowan-Hamilton Mrs	Order of St Lazarus of Jerusalem Grand Bailliewick of Scotland
Bernard Lodge Rev.	Joanna Haward	Our Lady of Lourdes & St Swithun, Southsea
Bert Community	John & Ann Connolly	Pauline Greenwood
Betty Laine	John & J Slater	Peter & Margery Grant
Brian & Ruby Cheyne	John & Mary Miller	Peter Sheppard Dr
Brian Smith & Nicky Portergill	John & Rosemary Millard	Phil & Ann Cudworth
Carmel Lavelle	John Lamont	Philomena Hynes
Catherine & Stewart Falconer	Jonathan & Judith Clark	R Burrige
Catriona & Sean Doran	Judith Harvey	R&J Fortin
Church of Scotland Women's Guild	Julie & Malcolm Potter	R&J Last
CJ Cooper	Karsten & Brenda Saunders	Richard & Carolyn Rigby
Clare Connolly & Bob Cannell	Keith & Kathy Howard	Richard de Souza & M Dunkley
Cordelia Ditton	Kirsten Scott & J Somner	Rosemary Austen
Cynthia Takundwa	Laura Eccles	Shawlands URC Monday Fellowship
Daniel Connolly	Laura Kuenssberg	Stephen Pope Dr
David & Penny Stableforth	Liz & Alan Stark	Teresa Lawlor
David Stanley	Loftus Trades Reform Club	The Tibden Trust
Debbie and John Matthews	Louise Coidan	Tim Rault-Smith
Douglas Chamberlain Prof	M&P Hahn	Tracey McCulley
Eric Lomax	Madelaine Thompson & Peter Newson	Vanessa Graham
Gerry & S Milne	Margaret & Peter Hahn	Vivien Edge Dr
Harrison Choir & Band	Margaret Hart & P Jennow	William & Brenda Martin
Helen Belger & Malcolm Todd	Mari Smith	William & E O'Neill
	Maron Howard & Richard Germain	Wolsingham Parish Church
	Martin & Sue Dennis	
	Mary Paris	

## Financial report 6.4.12-5.4.13

### Receipts

	2012-13	2011-12
DONATIONS	33,018	85,279
TAX RECLAIMED	19,294	6,865
STANDING ORDERS	16,733	15,515
INTEREST	65	29
<b>Sub total</b>	<b>69,110</b>	<b>107,688</b>

### Payments

SALARIES	53,118	41,969
MAINTENANCE OF MACHINES	1,936	-
PHARMACEUTICALS	13,500	14,425
FLOOR TILES	1,350	863
AUDIT	1,935	-
DIESEL	2,871	-
PAINTING	2,729	-
MEDICAL EQUIPMENT	6,220	
UNIFORMS	-	1,000
<b>Sub total</b>	<b>83,659</b>	<b>58,257</b>
<b>Cash funds at year end</b>	<b>60,140</b>	<b>74,689</b>

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.

### Trustees:

We have five trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, and Dr Michael Thompson. All have worked at Murambinda in the past. Mary visited in the last year to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.



Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [ ] title [ ]

of [ ] (address)  
[ ] Postcode [ ]

would like Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [ ] Date [ ]

Please return this half of completed form to Dr. C Rigby, Treasurer, Friends of Murambinda Hospital, East Park Cottage, Hutton Lane, Guisborough, Cleveland, TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [ ] / [ ] / [ ]

Name of my bank [ ] Bank plc.

Address of my bank [ ]  
[ ] Postcode [ ]

Please pay Friends of Murambinda account no. 40-52-40 00006100 at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [ ] every [ ] month/quarter/year\* \*delete as required

starting on [ ] / [ ] / [ ] until further notice.

Please debit my account no. [ ]

Name (capitals) [ ]

Address [ ]  
[ ] Postcode [ ]

Signed [ ]

Please return this half of completed form to your bank

## Contact details

The Chair  
55 Wilbury Avenue,  
Hove BN3 6GH  
[f.m.h@live.co.uk](mailto:f.m.h@live.co.uk)

The Treasurer  
East Park Cottage,  
Hutton Lane  
Guisborough TS14 8AA

Donate whatever you can:

1. Online at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm)
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.

