

# Friends of Murambinda Hospital



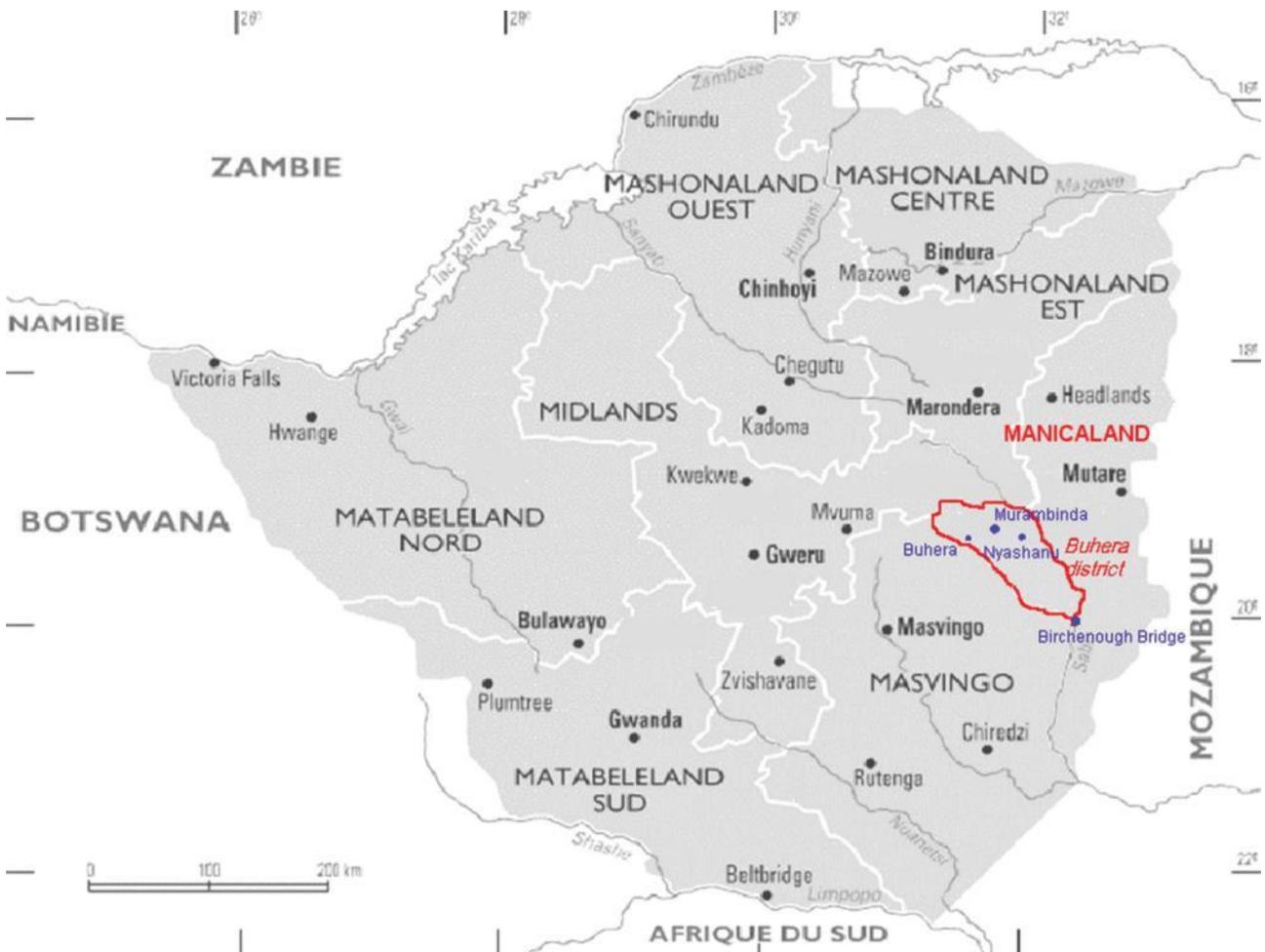
UK Registered Charity 1073978



## ANNUAL REPORT 2013-14

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## The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

With the retirement last year of Sister Barbara and the death of Dr Monica Glenshaw in 2010 the hospital has entered a new phase of caring for the people of Buhera led by dedicated Zimbabwean staff including Sisters of the Little Company of Mary.

Sister Barbara and Dr Monica Glenshaw drove forward innovation and co-operation with all willing parties to realize the task of making the health services for the people of Buhera better and this mission - to be a "Pool of Healing" and to care for the poor - is as relevant in 2013 as it was in 1968, and it continues to be pursued with energy and dedication by the current staff of the hospital.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontieres particularly in the fight against AIDS. Many challenges lie ahead as this organization seeks to pass its commitment to local initiative.



## The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km<sup>2</sup>. The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.

# Introduction

When I read or see reports of global problems it is easy to despair and think that the problems are too big for me to be able to help. In one sense this is true, but it is possible to channel help to a particular place and for a particular cause. Friends of Murambinda Hospital (FMH) allows you to do this. All that you donate to FMH goes to Murambinda Mission Hospital to help patients from one of the poorest rural areas in Zimbabwe. FMH trustees pay for all administrative, management and promotional costs themselves so none is subtracted from your donation. We monitor how the money is spent through direct communication with the hospital and trustee monitoring visits. Mary Miller, one of our trustees, last visited in January 2014.

We are pleased that Sr Silindiwe Shuma a Zimbabwean LCM sister has been appointed as Matron following Sr Barbara's retirement last year. She has taken over the reins at a difficult time for the hospital. Zimbabwe government funding remains very low so the Hospital's viability depends on a variety of other sources of funds. The Zimbabwe government funding pays for the majority of salaries but only 4 % of other recurrent costs with 33% of these paid by user fees and 63% by donors.

Thanks to your generosity FMH has been the most important donor since we were established 16 years ago. In more recent years MSF (Médecins Sans Frontière) has been instrumental in resourcing the expansion of the HIV/AIDS testing and treatment programmes and in enabling the treatment to be decentralised to rural clinics. Sadly MSF have decided to withdraw by 2015. This will leave a financial hole of approximately \$120,000 (£73,000) per year.

Murambinda Mission Hospital always treats people according to their need, not according to their ability to pay. Since Buhera is one of the poorest districts in Zimbabwe there is very little scope to increase income from user fees. Most patients do not pay at all. With the current economic climate in Zimbabwe it is unrealistic to expect significant increases in Government funding. Our role as external donors to Murambinda Mission Hospital is as important as ever.

We are entirely reliant on your donations.

A regular donation by a Standing Order is an easy way to give and enables us to plan ahead which projects we are able to fund; a form is available at the back of this report

Or you can donate at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm), where there is an online donations facility that does not charge you or us any commission.

You can also donate up to £10 by texting FMHG11£10 to 70070 with no transaction costs to you or us.

Thank you once again for your help and support over the past year.

Dr Mike Thompson Chair FMH

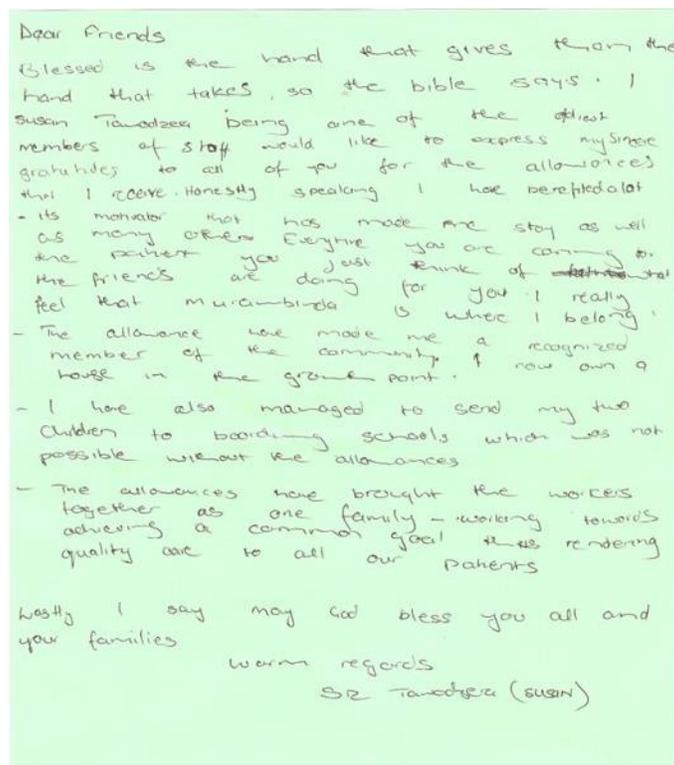
## FMH Expenditure 2013 -14

### Salary supplements for vital staff.

Isolated rural hospitals throughout the world struggle to obtain and retain good quality doctors, nurses and other staff. This is particularly true in developing countries in Africa where finances from state governments are often inadequate or non-existent.

The Friends of Murambinda Hospital has always recognized this as a vital factor to address in their funding to ensure that the current good practices in the hospital continue to benefit the health and wellbeing of the people of the Buhera district.

Extracts from this letter of appreciation from a sister at the hospital are printed below.



Dear Friends  
Blessed is the hand that gives than the hand that takes, so the bible says. I Susan Tawodzera being one of the oldest members of staff would like to express my sincere gratitude to all of you for the allowances that I receive. Honestly speaking I have benefited a lot - its marvelous that has made me stay as well as many other. Everytime you are coming to the patients you just think of ~~the~~ that the friends are doing for you. I really feel that Murambinda is where I belong.  
- The allowance you made me a recognized member of the community. I now own a house in the ground point.  
- I have also managed to send my two children to boarding schools which was not possible without the allowances  
- The allowances have brought the workers together as one family - working towards achieving a common goal thus rendering quality care to all our patients  
Lastly I say may God bless you all and your families  
warm regards  
S2 Tawodzera (Susan)

'Blessed is the hand that gives than the hand that takes'

'I, Sister Tawodzera being one of the oldest members of staff would like to express my sincere gratitude to all of you for the allowances that I receive'

'The allowances have brought the workers together as one family working towards achieving a common goal thus rendering quality care to all our patients'

**Murambinda Mission Hospital**  
**Box 20**  
**Murambinda**  
**Tel; 263-21-2274/5 Fax 263-21-2274/5**  
**Date: 15 May 2014.**  
**Project Title: Floor tiles- Wall tiles**

Murambinda Mission Hospital is a non-profit making organisation providing health services to the people of Zimbabwe. Murambinda is running a school of Midwifery with enrolment of 58 student midwives. The school has been built and established through the support of Friends of Murambinda both in the Netherlands and England. The 120 bedded hospital remains busy through-out the year seeing around 200 patients per day in the outpatients and of course with close to 100 percent bed occupancy rate.

Cost of maintaining such a big facility grows big and big every day, Murambinda hospital collects around 23,000USD per month that is mainly used for utilities and barely covers for the running costs. Capital investments and major repairs have been covered by donations.

#### BACK GROUND TO APPLICATION

#### **Hospital kitchen**

Murambinda hospital has a main kitchen department that prepares food for around 120 patients per day. Whilst our effort is mainly directed to procurement of food materials, we have also realised that there is need to keep the kitchen department clean and also to keep cooking equipment functional. In an effort to keep the kitchen clean and free from infections, we have identified the need to put walls tiles to window levels this helps in cleaning the area.

We have noticed that the walls just above the sinks to the window level are losing paint and they easily get dirty. Please see the pictures below.



We are kindly requesting for funds to buy wall tiles for our kitchen department.

In the kitchen department we use a lot of water and there is too much heat from the cooking post and that affects the paint and keeps falling down. The surfaces become rough and difficult to clean and rough surfaces harbour infections which is dangerous especially for a place where we prepare food for the patients.

### **The Training School**

In the training school we have two classrooms, one of the classrooms has floor tiles and the other does not have. The one without floor tiles is developing some cracks and the floor is rough. We have realised that the floor is no longer good for cleaning and it has become expensive to clean because it takes a lot of Cobra. We had thought of repairing it with cement but that will produce a lot of patches and become untidy.



### **Why is the project important?**

Floor tiles are easy to clean and cheap to maintain compared to cement floors. It is the same with walls tiles also wall tiles protect the building from absorbing moisture especially in areas where there is a lot of washing.

**FRIENDS OF MURAMBINDA HOSPITAL  
FUNDING FEEDBACK FORM.**

**Application Title:** Cooking Shelter and Shed

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** 04 November 2013.

**Date Approved:** 09 November 2013

**Approved by Hospital Executive?**

Yes.

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Fuel (FMH)	1,250.00	2,000.00
<b><u>TOTAL INCOME</u></b>	<b><u>1,250.00</u></b>	<b><u>2,000.00</u></b>
<b><u>Less expenditure</u></b>		Actual in US\$
Cooking Shelter repairs		893.00
Laboratory Shed		804.70
<b>TOTAL</b>		<b><u>1,697.70</u></b>
<b>Balance</b>		<b><u>302.70</u></b>

**The Laboratory Shed**

We are very grateful for the funds received towards the repairs of the cooking shelter and the construction of the Laboratory shed. We managed to construct the Laboratory shed our worry for the rains has become a thing of the past we now have a shed there is now good communication between Laboratory and OPD and all other departments, please see picture below



Patient walking under the new shed from OPD to Laboratory.

### **Cooking shelter**

We managed to repair our cooking shelter which was in a very bad state. The roof was leaking making it difficult to use the cooking shelter when it is raining. The cooking shelter is mainly used when there are power cuts because it uses firewood. Please find below picture of the cooking shelter before repairs and after repairs.



Cooking shelter with broken roof



Cooking shelter after repairs.

We are still to construct a cooking area in the cooking shelter which will use the balance of US302.30 shown in the financial report.

Thank you very much for the continued support

Mudzi Kefas Donor Secretary.

**FRIENDS OF MURAMBINDA HOSPITAL  
FUNDING FEEDBACK FORM.**

**Application Title:** Fuel

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** 04 November 2013.

**Date Approved:** 09 November 2013

**Approved by Hospital Executive?** Yes.

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Fuel (FMH)	2,883.75	4,614.00
<b><u>TOTAL INCOME</u></b>	<b><u>2,883.75</u></b>	<b><u>4,614.00</u></b>
<b><u>Less expenditure</u></b>		Actual in US\$
Diesel 2777.78LLitres @ 1.35		3,750.00
Hire – transport (fuel tanker) Mutare- Murambinda.		750.00
<b>TOTAL</b>		<b><u>4,500.00</u></b>
<b>Balance</b>		<b><u>114.00</u></b>

Diesel has become the most essential commodity in the running of the hospital for the following reasons.

We use diesel for our hospital vehicles, for transferring patients that require further management at provincial hospital which is about 160km away . These transfers occur every week about two to three times cases that require transfers are seen per week. Mostly these are emergency cases, like maternity cases where there are complications and may be over bleeding , cases from road traffic accidents , intestinal obstructions to mention a few.

We also do our shopping in Mutare 160km away mainly for the things that we cannot get in Murambinda , oxygen , blood and more . We are very grateful we had enough fuel to run our vehicles through your support.

High demand of electricity against the limited supplied resource has caused for power rationing, this is heavily experienced in winter season. We are already experiencing power cuts almost daily. Hospital cannot run without power therefore we are running generator for alternate power supply to the hospital. We are very grateful that we have enough fuel to run generators and we are able to carry out and continue our day to day operations even when there are power cuts.

Thank you very much for the continued support

0511

**Invoice**

**Invoice to**  
The Administrator  
Murambinda Hospital  
Murambinda

**Invoice date** 1-Apr-14  
**Invoice value** \$ 4,500.00  
**Currency** USD

Quantity	Description	Unit Price	Cost
2,777.78	DIESEL	1.35	3,750.00
1	TRANSPORT: MTRE-MURAMBINDA		750.00
1	PUMP HIRE		Nil

**Sub-Total** 4,500.00  
**Taxes** Nil  
**Total** 4,500.00

**Payment Details**

1. Cash on delivery

2. Payment Method

Cash

Bank Transfer

**Bank Details**

Bank Name: NMB  
Account Number: 290082137  
Account Name: S Vuyungwi

**FRIENDS OF MURAMBINDA HOSPITAL  
FUNDING FEEDBACK FORM.**

**Application Title:** Maintenance of Hospital Machines

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** 04 November 2013.

**Date Approved:** 09 November 2013

**Approved by Hospital Executive?** Yes.

	Actual in GBP	Actual in US\$
<b>INCOME</b>		
Fuel (FMH)	937.50	1,500.00
<b><u>TOTAL INCOME</u></b>	<b><u>937.50</u></b>	<b><u>1,500.00</u></b>
<b><u>Less expenditure</u></b>		Actual in US\$
Anesthetic machine service		620.00
Dental Chair repairs		550.00
TOTAL		<b><u>1,170.00</u></b>
<b>Balance</b>		<b>330.00</b>

We are very grateful for the funds received towards the servicing of hospital machines.

We managed to do a major service for the anaesthetic machine that had gone for more than two years without a service. This was mainly because of lack of funding to do the routinely required services. The machine had already giving problems, giving false readings and consuming a lot of oxygen. Doctors and the Anaesthetist were not happy to continue using the machine without a service very risk especially for doing operations using a faulty machine.

The machine has been serviced and it is functioning well, the technician highlighted that there is need for another minor service in July to make a complete service for the year.

We have a balance of US330.00 and we are kindly requesting to use this balance for the second service in July 2014.

We have also managed to repair the dental chair that has been down for some years. We have not been able to do most of dental operations in the past because of the dental chair that was not working. We are happy that the Dental Chair has been repaired and we are now able to all dental operations.



Anesthetic machine under repair

Thank you very much for the continued support

Mudzi Kefas  
Donor Secretary.

## Donors

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

Alan Gardner	Helena & Michael Brearley	Matt & Fliss Connolly
Alexander McCall Smith	Iain Yuill	Michael & Brenda Thomson
Alison & Bill Brichtieri-Colombi	Irmgard Monro	Michael & Tessa Connolly
Alison Dodds	Jack & Hannah Barker	Micheline & Ted Thompson
Alison Totty	Jane Wilson	Mike Thompson & Kay Shepherd
All Saints Church, Easington, Saltburn	Janet Ronaldson	Moira Steven
All Saints Church, Gosforth	Jean Hunter	Neil & Chris Pressick
Ann Lyall	Jeely Piece Club	Neil McGregor
Anna Morrish	Jess Howard	Nicholas & Sally Kuenssberg
Antigoni Koukkouli	Joan Fletcher	Nigel & Elaine Carden
Audrey Steele	Joan Rowan-Hamilton Mrs	Order of St Lazarus of Jerusalem
Bernard Lodge Rev.	Joanna Haward	Grand Bailliewick of Scotland
Bert Community	John & Ann Connolly	Our Lady of Lourdes & St Swithun, Southsea
Betty Laine	John & J Slater	Pauline Greenwood
Brian & Ruby Cheyne	John & Mary Miller	Peter & Margery Grant
Brian Smith & Nicky Portergill	John & Rosemary Millard	Peter Sheppard Dr
Carmel Lavelle	John Lamont	Phil & Ann Cudworth
Catherine & Stewart Falconer	Jonathan & Judith Clark	Philomena Hynes
Catriona & Sean Doran	Judith Harvey	R Burrige
Church of Scotland Women's Guild	Julie & Malcolm Potter	R&J Fortin
CJ Cooper	Karsten & Brenda Saunders	R&J Last
Clare Connolly & Bob Cannell	Keith & Kathy Howard	Richard & Carolyn Rigby
Cordelia Ditton	Kirsten Scott & J Somner	Richard de Souza & M Dunkley
Cynthia Takundwa	Laura Eccles	Rosemary Austen
Daniel Connolly	Laura Kuenssberg	Shawlands URC Monday Fellowship
David & Penny Stableforth	Liz & Alan Stark	Stephen Pope Dr
David Stanley	Loftus Trades Reform Club	Teresa Lawlor
Debbie and John Matthews	Louise Coidan	The Tibden Trust
Douglas Chamberlain Prof	M&P Hahn	Tim Rault-Smith
Eric Lomax	Madeleine Thompson & Peter Newson	Tracey McCulley
Gerry & S Milne	Margaret & Peter Hahn	Vanessa Graham
Harrison Choir & Band	Margaret Hart & P Jennow	Vivien Edge Dr
Helen Belger & Malcolm Todd	Mari Smith	William & Brenda Martin
	Maron Howard & Richard Germain	William & E O'Neill
	Martin & Sue Dennis	Wolsingham Parish Church
	Mary Paris	

## Financial report 6.4.13-5.4.14

### Receipts

	2013-14	2012-13
DONATIONS	£24,680.50	£33,018
TAX RECLAIMED	£6,498.60	£19,294
STANDING ORDERS	£17,252.00	£16,733
INTEREST	£50.04	£65
<b>Sub total</b>	<b>£48,481.14</b>	<b>£69,110</b>

### Payments

SALARIES	£29,665	£53,118
MAINTENANCE OF MACHINES		£1,936
PHARMACEUTICALS	£17,000	£13,500
HOSPITAL REPAIRS	£2,323	£4,079
AUDIT		£1,935
DIESEL		£2,871
MEDICAL EQUIPMENT		£6,220
<b>Sub total</b>	<b>£48,988</b>	<b>£83,659</b>
<b>Cash funds at year end</b>	<b>£59,633.18</b>	<b>£60,140</b>

Due to circumstances beyond our control several payments were delayed until shortly after the year end so don't show up in the spreadsheet. In May 2014 we sent (£42005.00 which breaks down to Cooking Shelter £1250, Diesel £2884, Hospital Equipment £938, Tiles £1160, Uniforms £2215, Pharmacy £5000 and Salaries £28,558). These will show in next year's accounts.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.

### Trustees:

We have five trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, and Dr Michael Thompson. All the doctors have worked at Murambinda in the past. Mary Miller visited in the last year to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [redacted] title [redacted]

of [redacted] (address)  
[redacted] Postcode [redacted]

would like Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [redacted] Date [redacted]

Please return this half of completed form to Dr. C Rigby, Treasurer,  
Friends of Murambinda Hospital  
East Park Cottage  
Hutton Lane  
Guisborough  
Cleveland TS14 8AA

Please cut-----  
-----

BANKERS ORDER FORM

To the manager of my bank Date [redacted] / /

Name of my bank [redacted] Bank plc.

Address of my bank [redacted]  
[redacted] Postcode [redacted]

Please pay Friends of Murambinda account no. 40-52-40 00006100  
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [redacted] every month/quarter/year\* \*delete as required

starting on [redacted] / / until further notice.

Please debit my account no. [redacted]

Name (capitals) [redacted]

Address [redacted]  
[redacted] Postcode [redacted]

## Contact details

Dr Mike Thompson, Chair  
55 Wilbury Avenue,  
Hove BN3 6GH  
[f.m.h@live.co.uk](mailto:f.m.h@live.co.uk)

Dr Carolyn Rigby, Treasurer  
East Park Cottage,  
Hutton Lane  
Guisborough TS14 8AA

Donate whatever you can:

1. Online at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm)
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.

